

**Everything Needed To Pack Your Lunch** 

Whether it's tending to the crops, growing fruits & vegetables, or raising healthy animals, there's so much to learn about what you'll find inside your lunchbox!





HOW THE FARMER GROWS THE FOOD YOU EAT



WHAT IT TAKES TO RAISE HEATHLY FARM ANIMALS

HOW THE FOOD GETS FROM FARM TO TABLE - OR LUNCHBOX IN THIS CASE!

# SCHEDULE YOUR GROUP 270-269-2434



19590 LINVILLE ROAD HOPKINSVILLE, KY 42240

CHRISTIANWAYFARM.COM



Our hands-on, on-the-farm learning program is perfect for all ages. Each group will experience an interactive story time as we gather ingredients from the farm for our lunchbox favorites - grind wheat, dig potatoes, and harvest peanut butter\* & jelly ingredients. Bottle feed the baby calves, feed the other animals, gather eggs, explore the farm on a tractor/wagon ride and so much more. Each child that participates in our Lunchbox Garden program will get to plant seeds in a peat pot to take home to watch a watermelon grow. All of our hands-on activities are adult-supervised. Here's what you could expect for each age group as we tailor your experience based on lesson plans, age, and interests.

\*CAUTION EXERCISED TO AVOID ALLERGY CONTACT\*

#### PRE-K - 1ST GRADE

Young ones learn best when they can taste, touch, see, and smell. While we can't eat what we prepare, our little guests will feel the cool nose of the baby calf or the dirt (and probably the mud) when we plant and water seeds. They will find the red strawberries and smell the aroma of potato chips cooking in corn oil and the odor of animals in a barnyard. The Lunchbox Garden is the perfect sensory and movement experience for our little ones as they take turns exploring the farm for ingredients or using their muscles to grind the wheat.

They always love helping us find the animals around on the farm.

### 2ND & 3RD GRADE

Imagine our world without grocery stores or fast food - how would you make your food? Our second and third graders will appreciate learning how our ancestors made their food and learning the history behind their sandwich. Students will leave with an appreciation of the process of farm to table when we explore what happens on the farm to prepare food for the iourney to their lunchbox.

## 4TH - 6TH GRADE

Consider the ingredients that come from other parts of the United States and around the world and learn what comes from right here at home. How has food production changed over the course of history? Our older students that learn through the Lunchbox Garden program will learn about healthy choices, all while getting a hands-on experience.

#### **MERIT DAYS**

Rewards are more fun outside! Bring your group to Christian Way Farm & Mini Golf for playing, feeding the animals, Gaga ball, riding the lawnmower train, a scavenger hunt, or a round of mini golf. We can even serve lunch from Christian Way Cafe. Ask us about our add-on options for groups when you call.

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